



eto *Grace*

Bespoke Compression Tights for Lipoedema





3	Introduction	10	Panty options
4	Features and benefits	12	Measurement form
8	Styles	13	Measuring tips
9	Colours	15	Care instructions

Compression for lipoedema

Haddenham Healthcare, in conjunction with Eto, have developed Eto Grace, a range of bespoke compression garments for lipoedema. Eto was established in 1990 in Denmark. They are a leading manufacturer of compression bandages and medical garments.



Pre- and post-operative

Suitable for pre- and post-operative patients where liposuction of the legs, thighs, hips, abdomen and buttocks and/or debulking procedures have been performed.



Advanced microfibrres

Soft and stretchy to help donning and doffing. With a silky outer layer and lightly textured fabric against the skin to improve all-day comfort.





Supportive

Therapeutic Class 2 graduated compression (25-30mmHg). Ideal for day-to-day wear to improve symptoms associated with lipoedema.



Cut and sew

Fabric offers the static stiffness of a traditional flat knit garment whilst also providing the comfort of a circular knit. External seams are heat sealed to reduce bulk.





We love our Eto Grace tights. They are so easy to wear and integrate with our daily outfits.



Light weight

The fabric moves easily with you through your daily work/exercise



Cool and breathable

Warp knit with a light open weave to wick heat and moisture away



Quick drying

Easy-care nylon + elastane. Best washed on gentle cycle at 30°C



Choose from three styles



TIGHTS



**FOOTLESS
TIGHTS**



CAPRI



NUDE



WHITE



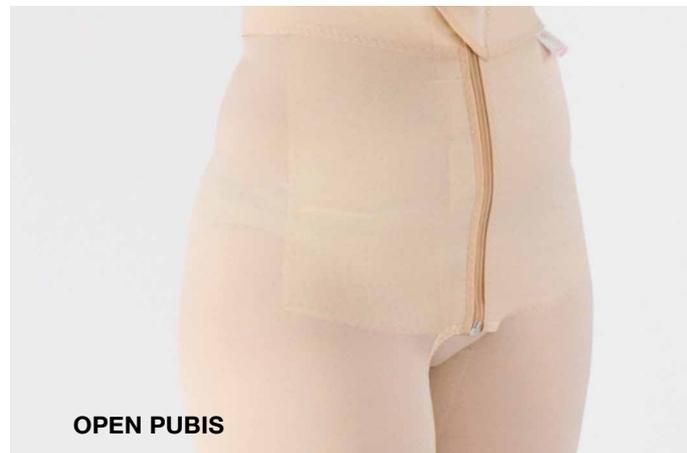
BLACK

Choose from the selection of three colour possibilities

Panty options

If an opening is required, choose from two waist fastening options. The hook and eye or zip are placed in the centre front. There is also the choice of a closed or open pubis.





Measurement form

Download at www.hadhealth.com/eto-grace

- Start your measuring from the floor and measure up, using the Eto Grace Order Form (right) to guide you
- Do not pull in your tape measuring tape at any point – only measure to skin tension
- If any circumference measurements are greater than the MAX values as specified on the Eto Grace Order Form, a quote can be requested
- If possible include photos when you submit an order





Patient _____ Date _____ Clinic/Therapist _____

FO060-002
ver.01

eto Grace

BEFORE YOU BEGIN:

1. For support with using this form please see the Eto Measuring Guide hadhealth.com/eto-grace
2. If any circumference are greater than the **MAX VALUES** a quote will be issued
3. Don't pull in the tape at any point - only measure to skin tension.

Bespoke Compression Tights for Lipoedema
25-35mmHg Compression



TIGHTS
ETO-G134



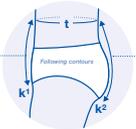
FOOTLESS TIGHTS
ETO-G133A



CAPRI
ETO-G133

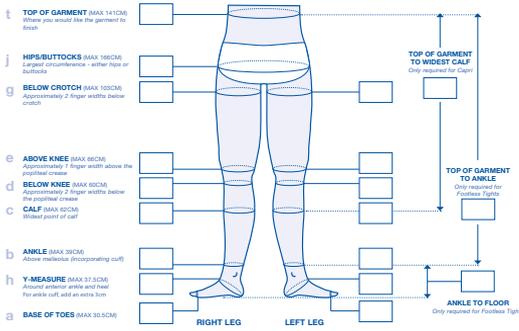
t - k¹ TOP OF GARMENT TO CROTCH

For abdominal apron pattern, add an extra 5cm



t - k² TOP OF GARMENT TO GLUTEAL FOLD

For shell bottom, add an extra 5cm



t TOP OF GARMENT (MAX 141CM)
Where you would like the garment to finish

j HIPS/BUTTOCKS (MAX 165CM)
Largest circumference - either hips or buttocks

g BELOW CROTCH (MAX 105CM)
Approximately 2 finger widths below crotch

e ABOVE KNEE (MAX 98CM)
Approximately 1 finger width above the kneecap crease

d BELOW KNEE (MAX 60CM)
Approximately 2 finger widths below the popliteal crease

c CALF (MAX 60CM)
widest point of calf

b ANKLE (MAX 38CM)
Above malleoli (incorporating cuff)

h Y-MEASURE (MAX 37.5CM)
Ankle anterior ankle and heel
For ankle cuff, add an extra 5cm

a BASE OF TOES (MAX 32.5CM)

TOP OF GARMENT TO WIDEST CALF
Only required for Capri

TOP OF GARMENT TO ANKLE
Only required for Footless Tights

ANKLE TO FLOOR
Only required for Footless Tights

BODY HEIGHT

DM
This measurement should be taken in a standing position, measuring from the floor to the top of head.

SELECT COLOUR

Please select your preferred colour

WHITE

NUDE

BLACK

WAIST FASTENINGS

Please select your preferred waist fastening

ZIP

HOOK & EYE

PUBIS OPTION

OPEN CROTCH

CLOSED CROTCH

E-mail: sales@hadhealth.com

Tel: 01844 208842

Fax: 01844 208843

www.hadhealth.com

Measuring tips



Y-MEASURE

If there is an ankle cuff at the top of the foot:

1. Ensure that the Y-Measure is taken above the crease so that the garment does not cut in.
2. Add 3cm to the final measured circumference for extra comfort unless Lymphoedema is present.



ANKLE

It can be tricky to find the measurement point, which is 2 fingers above the malleoli. If in doubt always go higher.



CALF

Be mindful to take your time to feel the tissues and locate where there are fat pads. Always take your measurements over the widest part of a fat lobule



BELOW KNEE

If there is a prominent crease at the back of the knee, ensure that this measurement is taken at the lowest point of the crease so as not to constrict sensitive tissue.



HIPS

This measurement will always either be the hips or the buttocks. To decide this always use the one which has the largest circumference.



PANTY MEASURES

A high waistband is generally more comfortable, especially where there is a shelf bottom or panus/abdominal apron.

If there is a shelf bottom or an abdominal apron then add 3cm to the length of your panty shaping for extra comfort.

Care instructions

It is important to take care of your compression garments to ensure fabric longevity of the fabric. Proper care of the garments will ensure continuous functionality in the management of lymphatic and venous conditions. Follow these tips to help optimise the life and comfort of your compression garments.



Compression

Check your garments throughout the day to avoid wrinkles

When compression garments are worn daily, it is advised to replace them every six months



Washing

Machine wash your garment inside out at 30°C

Use a mild detergent

Do not use rinse aid/fabric conditioner/bleach



Drying

Dry flat out of direct sunlight

Never dry on a radiator or heater

Do not tumble dry or iron

Haddenham Healthcare

E-mail: sales@hadhealth.com

Tel: 01844 208842

www.hadhealth.com

